# honey+

# HONEY: FROM QUALITY AND SAFETY STUDIES TO A HIGH-VALUE PRODUCT

#### FREE, but registration is mandatory

Registration form | <u>https://forms.gle/xWjXhsBqFSdqaJKw8</u>

Webinar link | https://videoconf-colibri.zoom.us/j/9718878187

Organizing committee | Miguel Prieto and Lucía Cassani (University of Vigo),

Fátima Barroso, Virgínia Cruz Fernandes, Maria João Ramalhosa and Cristina Delerue-Matos (REQUIMTE/LAQV - ISEP|P.Porto)

## PROGRAMME

13h00 - Opening session

Cristina Delerue-Matos, Vice-president P. Porto for investigation Fátima Barroso, Researcher REQUIMTE|LAQV - ISEP|P. Porto Virgínia Cruz Fernandes, Researcher REQUIMTE|LAQV - ISEP|P. Porto

13h15 - Royal Jelly: composition and health promoting properties of this superfood Maria Carpena. Nutrition and Bromatology Group, Faculty of Sciences, University of Vigo, Spain.

13h45 - Adding value to honey: from geographical origin to quality Carmen Seijo-Coello. Department of Vegetal Biology and Soil Sciences, Faculty of Sciences, University of Vigo, Spain.

**14h15 - Studying the physicochemical properties of honey to optimize thermal processing Sepidar Seyyedi-Mansour**. Department of Food Science and Technology, Azad University, Iran.

14h45 - Honey: Properties, benefits, and nutritional value Franklin Chamorro. Departament of Nutrition and Dietetics, Maternal and Infant Hospital Dr. Samuel Darío Maldonado Angarita, Barinas, Venezuela.

15h15 - Impact of the environment on the honey composition: a case study in the Montesinho Natural Park Virgínia Cruz Fernandes. REQUIMTE/LAQV, Instituto Superior de Engenharia do Porto, Porto, Portugal.

### 15h45 – Closing session Miguel Prieto, Fátima Barroso, Virgínia Cruz Fernandes



**Acknowledgments:** The organizing committee would like to thank the financial support from Fundação para a Ciência e a Tecnologia (FCT)/Ministério da Ciência, Tecnologia e Ensino Superior (MCTES) through the project MTS/SAS/0077/2020- Honey<sup>+</sup> - New reasons to care honey from the Natural Park of Montesinho: A bioindicator of environmental quality & its therapeutic potential and the projects UIDB/50006/2020, UIDP/50006/2020, UIDB/04033/2020 and LA/P/0008/2020.